

CLAIMS

What is claimed is:

1. A transitional companion in the form of a talking buddy for providing reassurance to a person and for self-healing, the companion comprising:
 - a body assembly with an outer covering of soft material and an interior body cavity;
 - a head portion having a face with calm and tranquil features;
 - two elongated flexible arms,
 - two leg portions;
 - an electronic circuit including a sound module housed in the body cavity and connected to a power source; and
 - a plurality of switching means covered by said outer covering, and associated with the leg portions of the assembly and connected to the electronic circuit so as to provide a switch signal response to a user's touching of the respective leg portion switch; and wherein the sound module includes a voice synthesizing means for electrical synthesizing a plurality of soothing, reassuring, comforting, and universal words in response to a switch signal provided; the voice synthesizing means including speaker means for audibilizing said electronically synthesized words.

2. The transitional companion of claim 1, further comprising sequencing means coupled between said plurality of switch means and said voice synthesizing means, said sequencing means for providing a sequence of control signals to said synthesizing means responsive to said switch means to cause said synthesizing means to synthesize a sequence of words responsive to said switch means providing a switch signal.
3. The transitional companion of claim 1, wherein the outer cover is made from plush material.
4. The transitional companion of claim 1, wherein the facial features include closed eyelids and a smiling mouth.
5. The transitional companion of claim 1, wherein the body assembly includes a torso having a rotund shape.
6. The transitional companion of claim 1, wherein the chip in the sound module is programmed to render the phrases: "Everything is going to be all right", "Hear my voice, everything is going to be all right", "Feel the words, everything is going to be all right", "Believe it, Everything is going to be all right" sequentially upon activating the sensors.

7. A method of reducing stress in a person by means of a therapy buddy according to claim 1 comprising the steps of:

- providing a therapy buddy to the person in stress;
- folding the arms of the therapy body around the person;
- activating the sensor switches by means of the activation pads at the legs of the therapy buddy to thereby trigger a mechanism to render its recorded soothing phrases; and
- listening to the soothing phases until the stress in the person is reduced.